

Levels of information



Level 1: Broad overview of the information

To provide a broad overview of the main factors affecting caregiver mental health.

'Level 1: Pictorial guide to the information'



Level 2: Detailed overview of the information

To provide a more detailed overview of the main factors affecting caregiver mental health.

This detailed overview combines information on factors identified in the quantitative research information* and in the qualitative research information**. More in-depth information about each factor can be found in the relevant Level 3 and Level 4 research information documents below.

'Level 2. Detailed Overview of the Information'



Level 3: Quantitative research information

Observational research information*

To provide an in-depth list of the factors affecting caregiver mental health identified from the quantitative observational research.

'Level 3. Quantitative Observational Research Information: In-depth list of factors affecting caregiver mental health overall'

Intervention research information*

To provide an in-depth list of factors affecting caregiver mental health identified from the quantitative intervention research.

'Level 3. Quantitative Intervention Research Information: In-depth list of factors affecting caregiver mental health overall'



Level 4: Quantitative research information for different mental health outcomes

Observational research information

To provide an in-depth list of all the factors affecting different types of mental health outcome (anxiety, depression, distress, quality of life) from observational research.

'Level 4. Quantitative Observational Research Information: In-depth list of factors affecting different types of mental health outcome'

Intervention research information

To provide an in-depth list of all the factors affecting different types of mental health outcome (anxiety, depression, distress, quality of life) from intervention research.

'Level 4. Quantitative Intervention Research Information: In-depth list of factors affecting different types of mental health outcome'



Level 3: Qualitative research information

To provide an in-depth summary of all the factors affecting caregiver mental health identified from the qualitative research. This summary contains detailed quotes from carers about the types of factors that both affect and help their mental health.

'Level 3. Qualitative Research Information: In-depth summary of factors affecting caregiver mental health'

Jargon Buster

*Quantitative research information:

Quantitative research information works with numbers and statistics. Examples of this in our project would be to look at what factors increase a carer's likelihood of having worse mental health (observational research information) or whether something is effective in improving mental health (intervention research information).

**Qualitative research information:

Qualitative research information works with words and people's own stories. An example of this in our project would be carers' explanations of why something is causing them anxiety or distress.